

PRESCHOOL BASEBALL FUNDAMENTALS "Foam Ball"

DATES: SATURDAYS April 21 THROUGH JUNE 9

NO BASEBALL MEMORIAL DAY WEEKEND- Saturday, May 26

AGES: BIRTHDATES BETWEEN 9/1/2013 & 4/21/2015

(MUST BE THREE YEARS OLD BY THE START OF THE SESSION)

TIME: 11:00 – 11:45 AM

LOCATION: KENWOOD PARK

(EAST OF FIELD #2 ON THE GRASSY AREA BETWEEN THE LARGE OAK TREES)

COST: \$30

(Scholarships are available upon request)

REGISTRATION: <u>WWW.WESAC.ORG</u>

OR REGISTER IN PERSON AT KENWOOD PARK ON MARCH 23

FROM 6:30 TO 7:30 PM

REGISTRATION CLOSES APRIL 14

OTHER DETAILS:

THIS IS A PARENT/CHILD ACTIVITY AND PARENT INVOLVEMENT IS REQUIRED. TEAMS WILL BE FORMED AND COACH COORDINATORS WILL BE RECRUITED, BUT PARENTS WILL BE NEEDED TO KEEP THE ACTIVITIES ORGANIZED AND RUNNING SMOOTHLY.

FREE CLINIC AND INSTRUCTIONAL HANDOUTS FOR "SKILLS DRILLS AND ACTIVITIES" WILL BE PROVIDED FOR PARENT COACHES, NO EXPERIENCE NECESSARY. PROGRAM WILL INCLUDE ACTIVITIES AND INSTRUCTION STATIONS FOR BEGINNING CATCHING, THROWINGS, HITTLING AND SKILL DEVELOPMENT. AS THE SEASON PROGRESSES THERE WILL BE OPPORTUNITIES FOR SCRIMMAGES.